



Pennaeth / Headteacher: Mr D Owen
Llangurig Road, Llanidloes, Powys, SY18 6EX
Ffôn / Tel: 01686 412289
Ffacs / Fax: 01686 413812
Ebost / Email: office@llanidloes-hs.powys.sch.uk
Gwefan / Website: www.llanidloeshighschool.co.uk

Date: 25th September 2020

Dear Parent or Carer,

**Re: Information regarding a confirmed case of coronavirus in
Ysgol Uwchradd Llanidloes High School, Llangurig Rd, Llanidloes SY18 6EX**

NHS Wales Test, Trace, Protect has been informed of a confirmed case of COVID-19 (Coronavirus) in **Ysgol Uwchradd Llanidloes High School**

Ysgol Uwchradd Llanidloes High School remains open. It is working closely with Public Health Wales, the Local Authority and NHS Wales Test, Trace and Protect to ensure that all the appropriate measures are in place to protect students, staff and the wider community.

All close contacts of the case have been identified and have received appropriate advice to self-isolate.

However, as a precaution, please be alert for any symptoms of COVID-19:

- A new or continuous cough
- A high temperature
- A loss of or change to sense of smell or taste

If your child develops any of these symptoms, even if they are mild:

- Book a test for them by phoning 119 or through the online portal: <https://www.nhs.uk/ask-for-a-coronavirus-test>
- Inform **Ysgol Uwchradd Llanidloes High School** that they are unwell with COVID-19 symptoms and that you have requested a test
- Your child should self-isolate for 10 days from when their symptoms started
- All other household members should isolate for 14 days from when your child developed symptoms
- Do not visit a GP surgery, pharmacy or hospital but if you require medical advice please contact NHS 111 or telephone your GP; if there is a medical emergency phone 999
- Please follow the advice provided when your child receives their test result



To reduce the risk of COVID-19 spreading, there are things that everyone in your family can do to help. These include:

- washing hands with soap and water often – do this for at least 20 seconds
- using hand sanitiser gel if soap and water are not available
- washing hands as soon as they get home
- covering their mouth and nose with a tissue or sleeve (not their hands) when they cough or sneeze
- putting used tissues in the bin immediately and washing hands afterwards

Further information on symptoms and self-isolation can be found here <https://gov.wales/symptoms-and-self-isolation-contact-tracing>

Further formation on Test, Trace, Protect can be found here <https://gov.wales/test-trace-protect-coronavirus>

For general information on COVID-19 <https://gov.wales/protect-yourself-others-coronavirus>
The COVID-19 online symptom checker can tell you if you need medical help and advise you what to do <https://gov.wales/check-if-you-need-coronavirus-medical-help>

With best wishes,

A handwritten signature in black ink, consisting of a stylized, cursive 'D' followed by a horizontal line extending to the right.

Daniel Owen (Headteacher, Llanidloes High School)